



**College Community Child Care
Centre
Child Illness Action Plan**

Minor signs and symptoms displayed.

- Temperature between 37.5° and 38°;
- Irritability;
- Rash that momentarily disappears when pressed upon;
- Child is off their food;
- Lethargy;
- Blistering on hands, feet, inside the mouth, nappy area; and/or pimple like formations on skin;
- Diarrhoea- 3 or less episodes during the day;
- Vomiting- once;
- Flushed appearance;
- Clear/white/yellow/ green discharge from the nose, eyes, ears, throat;
- Less urine that usual

Moderate to Severe signs and symptoms displayed.

- Temperature above 38° when usual attempts to reduce have failed after ½ hour (except when child is known to suffer febrile convulsions);
- Rash that does not momentarily disappear when pressed upon;
- Lethargy that is out of character for the child;
- Child refuses water;
- Swelling of lips, tongue or throat;
- Known history of allergy;
- Diarrhoea- more than 3 episodes during the day;
- Vomiting-more than once;
- Difficulty breathing;
- Pink/ red/brown/black discharge from the nose, eyes, ears, throat;

1-2 symptoms

Question: Consider what you already know about the child; Has the parent informed you that they had immunisations recently; Has their symptoms progressed over a few days; Could they be teething; Have they spent time in the sun and not drunk sufficient fluids; Have you made sufficient attempts at reducing the temperature; Have you considered environmental factors such as access to fresh air?

3 or more symptoms

Question: How quickly have the onset of the symptoms displayed; Have attempts to reduce temperature worked at all; Have you offered fluids and/or rest?

Steps to take:

1. Continue to monitor the child.
2. Inform the Director of symptoms and steps taken eg: this may include calling the parent as a courtesy.
3. Complete an Illness Report Form.

Steps to take:

1. Inform the Director of symptoms and steps taken.
2. Follow the directions as provided by the Director. (eg: this may include calling the parent to collect the child as soon as is practical/ separation of the child from the group).
3. Complete an Illness Report Form.
4. Continue to monitor the child for worsening or improving of symptoms.

Any ONE or more of these symptoms may require immediate attention. Question:

Has the child been exposed to a potential allergen; Has the child eaten or drunk anything different/ unusual eg: plant in the garden; Does the child have a medical history and/or action plan (eg: febrile convulsions; allergy/asthma/anaphylaxis) and have you followed the instructions of the action plan?

Steps to take:

1. Immediately provide first aid where necessary;
2. Ensure a staff member is always present with the child;
3. Inform the Director immediately and follow instructions as provided by her;
4. Director to call ambulance/ parent/ poisons information as necessary;
5. Complete an Illness Record Form only when the child is out of immediate danger and it is safe.